



Christian Fasting: Biblical and Evangelical Perspectives

S.H. Mathews

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Through the lens of social-scientific criticism, *Christian Fasting: Biblical and Evangelical Perspectives* explores the social, cultural, and religious significance of fasting in the first-century Mediterranean world. Old Testament precedents, as well as Mesopotamian, Greek, and Roman influences are examined to form the backdrop for a detailed interpretation of each fasting text in the New Testament. Contemporary evangelical fasting literature is also discussed and analyzed. Finally, H.S. Mathews proposes a solution for reconciling a biblical interpretation of fasting with contemporary evangelical practice.

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