



# American Flavor

*Andrew Carmellini, Gwen Hyman*

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Andrew Carmellini, two-time James Beard Award winner, acclaimed author of *Urban Italian*, and executive chef-owner of the hit New York City restaurants Locanda Verde and The Dutch, takes readers on a wonderfully rich and diverse tour through the ingredients and cuisines that constitute American flavor

For most of his life, Andrew Carmellini has been hitting the road, tasting the best of American flavors. Whether on childhood trips escaping from the hard-bitten winters of Ohio to sunny Florida and its fresh citrus fruit, cross-country trips in pursuit of the Great American Breakfast, or five-meal-a-day swings through barbecue country, he absorbed everything he could about regional cooking, American-style, at every stop.

In *American Flavor*, Carmellini shares the lessons of his culinary life on the road in recipes and stories that get at the soul of how we eat today. Using the traditional regional foodways and the multicultural neighborhoods, global eateries, and ethnic groceries that dot the American landscape as his inspiration, he introduces delectable, enticing dishes that deliver maximum impact yet are surprisingly simple to make. In the book, you'll find cheese pierogies inspired by the Polish church ladies of Carmellini's native Cleveland right next to his take on savory-sweet barbecued beef short ribs from L.A.'s Korea Town; seriously smoky southwestern mole alongside savory lamb stew that takes its flavors from Astoria, the historically Greek neighborhood in Queens, New York. Every recipe reflects Carmellini's laid-back style, midwestern roots, big-city palate, and dedication to great ingredients and serious flavor.

Along with the recipes are true-life tales of Carmellini's crazy culinary travels across America, into Canada, and even to Europe. Whether he's hunting ramps with the locals during an extern summer at a Virginia mountain resort or sampling some of the surprising off-menu specials at a hippie café in Vancouver, British Columbia, these hilarious, engaging stories tell the tale of the education of an American chef inside the kitchen—and out.

Entertaining and inspiring, *American Flavor* is a book that readers will turn to again and again, not only for special occasions and everyday meals, but also as a portrait of real American food in the twenty-first century: sophisticated but down-to-earth, rustic but refined, and always deeply flavored and delicious.

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**From reader reviews:**

**Shirley Glover:**

Playing with family in the park, coming to see the coastal world or hanging out with close friends is thing that usually you will have done when you have spare time, then why you don't try thing that really opposite from that. 1 activity that make you not feeling tired but still relaxing, trilling like on roller coaster you have been ride on and with addition associated with. Even you love American Flavor, you are able to enjoy both. It is great combination right, you still wish to miss it? What kind of hang-out type is it? Oh can occur its mind hangout people. What? Still don't have it, oh come on its known as reading friends.

**Kim Gray:**

The book untitled American Flavor contain a lot of information on the item. The writer explains her idea with easy method. The language is very simple to implement all the people, so do definitely not worry, you can easy to read that. The book was published by famous author. The author will bring you in the new period of literary works. It is easy to read this book because you can continue reading your smart phone, or device, so you can read the book in anywhere and anytime. If you want to buy the e-book, you can open up their official web-site and also order it. Have a nice read.

**Norma Barnes:**

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**Lester Baker:**

What is your hobby? Have you heard which question when you got college students? We believe that that question was given by teacher on their students. Many kinds of hobby, Every individual has different hobby. And you know that little person similar to reading or as reading through become their hobby. You have to know that reading is very important as well as book as to be the factor. Book is important thing to include you knowledge, except your current teacher or lecturer. You find good news or update concerning something by book. Many kinds of books that can you decide to try be your object. One of them is this American Flavor.

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