



The Bridal Wave: A Survival Guide to the Everyone-I-Know-Is-Getting-Married Years

Erin Torneo, Valerie Krause

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It starts with the IGBN (I've Got Big News) phone calls and a mailbox full of Save the Dates. Next comes the meltdown: I always thought I'd be married by now. Why does she have a ring on her finger and I don't? Soon you're buying outrageously expensive china, dancing the electric slide with the groom's dull but available cousin, and envisioning a long and single life for you and a dozen or so cats. But fear not!

Now Erin Torneo and Valerie Cabrera Krause show you how to surf The Bridal Wave on your own terms. This hilarious and practical guide to surviving the wedding blitz reveals the sanity-saving secrets to dealing with all manner of matri-mania, including how to

- manage finances during the costly wedding season
- turn brutal self-examination ("What's wrong with me?") into empowering self-reflection ("Nothing!")
- cope with envy and feelings of competition
- deal with lobridemized friends
- avoid settling for Mr. Wrong just to fit the timeline in your head
- actually enjoy being a bridesmaid, despite the dress

Like the best of friends, Erin and Valerie will help you separate fact from fairy tale—and stay sane, whether you're coupled-up, single and looking, or single and just fine, thank you very much!

"For any woman who is currently trapped in the middle of a Bridal Wave—this book is your lifesaver!"

—Liz Tuccillo, co-author of *He's Just Not That Into You*

"A funny and genuinely helpful book that should be on every single woman's shelf."

—Karen McCullah Lutz, author of *Legally Blonde*

"Torneo and Krause's advice will be eagerly gobbled up by legions of women."

—Celeste Perron, author of *Playing House*

"Will ease your wedding panic with humor and intelligence."

—Andrea Lavinthal, co-author of *The Hookup Handbook*

From the Trade Paperback edition.

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Edwina Hinkle:

The Bridal Wave: A Survival Guide to the Everyone-I-Know-Is-Getting-Married Years can be one of your beginner books that are good idea. We all recommend that straight away because this reserve has good vocabulary that will increase your knowledge in words, easy to understand, bit entertaining but nevertheless delivering the information. The article author giving his/her effort to get every word into delight arrangement in writing The Bridal Wave: A Survival Guide to the Everyone-I-Know-Is-Getting-Married Years although doesn't forget the main stage, giving the reader the hottest and also based confirm resource facts that maybe you can be considered one of it. This great information may drawn you into new stage of crucial imagining.

Zachary Connors:

In this period of time globalization it is important to someone to acquire information. The information will make a professional understand the condition of the world. The health of the world makes the information simpler to share. You can find a lot of personal references to get information example: internet, newspapers, book, and soon. You can observe that now, a lot of publisher which print many kinds of book. The particular book that recommended to your account is The Bridal Wave: A Survival Guide to the Everyone-I-Know-Is-Getting-Married Years this guide consist a lot of the information of the condition of this world now. This book was represented how do the world has grown up. The words styles that writer use to explain it is easy to understand. Typically the writer made some exploration when he makes this book. That is why this book appropriate all of you.

William Hayes:

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