



Fire and Ice: Classic Nordic Cooking

Darra Goldstein

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2016 James Beard Award nominee, 2016 International Association of Culinary Professionals (IACP) nominee for Best International Cookbook, and 2016 Art of Eating Prize longlist finalist

Bringing the best of Scandinavian home-cooking into your kitchen, *Fire and Ice: Classic Nordic Cooking* offers over 100 delicious recipes that showcase this region's most beloved sweet and savory dishes.

Scandinavia is a region of extremes—where effortlessly chic design meets rugged wilderness, and perpetual winter nights are followed by endless days of summer—and *Fire and Ice* proves that Scandinavian cuisine is no exception. Founding editor of *Gastronomica* and the West's leading culinary authority on the cuisines of the European North, Darra Goldstein explores the rich cultural history and culinary traditions of Denmark, Finland, Norway, and Sweden. From the bold aroma of smoked arctic char to the delicate flavor of saffron buns, and from the earthy taste of chanterelle soup to the fragrant aroma of raspberry-rose petal jam, this beautifully curated cookbook features over 100 inspiring and achievable recipes that introduce home cooks to the glorious and diverse flavors of Nordic cooking.

From the Hardcover edition.

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