Healing a Grandparent's Grieving Heart: 100 Practical Ideas After Your Grandchild Dies (The 100 Ideas Series)

Alan D. Wolfelt

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This heartfelt manual is an indispensable and easily referenced resource for grieving grandparents, offering them a way forward after the death of a grandchild. Whether they were close to their grandchild and keenly feeling his or her absence, or even if they were not close to the child and are mourning the loss of a relationship they'll never have, this book offers grandparents compassionate comfort and practical ideas for their journey through grief, addressing as well the unique pain of watching their children mourn the loss of their child. The ideas offered in the book clarify the basic principles of grief and mourning and offer immediate suggestions for things grandparents can do to embrace their grief, honor and remember their grandchild, and begin to heal.



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