



# **Not Your Mother's Divorce: A Practical, Girlfriend-to-Girlfriend Guide to Surviving the End of a Young Marriage**

*Kay Moffett, Sarah Touborg*

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No matter what your age, divorce is one of life's greatest challenges. But while your parents, friends, and lawyers may be chock-full of advice, the truth is that young women who divorce today face a brand-new set of issues and possibilities far removed from those of women a generation before. If you're looking for a fresh, empowering, and thoroughly modern guide to starting this new chapter of your life, *Not Your Mother's Divorce* offers the ultimate roadmap—from wading through legal jargon to getting back into society—as told by your best girlfriends who've been there.

Based on the experiences of more than thirty women who divorced in their twenties and thirties without children, *Not Your Mother's Divorce* offers camaraderie and practical counsel on:

Breaking the news to family and friends

Coping with sudden singledom—from living arrangements to changing your name

Protecting yourself financially and dividing your assets

Legalese 101—making the legal process work for you

Reentering the dating scene

How to handle encounters with your ex

Warm and insightful, *Not Your Mother's Divorce* gives you the tools to find your way through this difficult time—and emerge a stronger, wiser, happier you.

*From the Trade Paperback edition.*



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