



The River in My Backyard

Mikkel Aaland

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"OF ALL THE HAUNTING MEMOIRS THAT I HAVE READ, Mikkel Aaland's *The River in My Backyard*, is at once the most heart-rending and the most courageously triumphant. Aaland explores two rivers, the literal one that runs past his ancestral home in Norway, and the metaphorical one that runs in the blood of his ancestors, himself, and now his two daughters. By the time the two rivers flow into one another, through crystalline prose and shadow fretted photographs, his story has become a healing journey of epic proportions."

-- Phil Cousineau, author of *The Art of Pilgrimage*.

The River in My Backyard is more than an exploration into the world of patricide, madness and ghost genes. Ending with a dramatic pilgrimage to holy Mt. Kailash, and atonement for a brother's sins, it provides an inspiring roadmap to inner peace and healing. The book is beautifully illustrated with both the author's photographs and vintage family reproductions.

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