



Cooking Light Real Family Food: Simple & Easy Recipes Your Whole Family Will Love

Editors of Cooking Light Magazine, Amanda Haas

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Since the launch of her website, OneFamilyOneMeal.com, cook and test kitchen professional Amanda Haas has been helping parents all over the country put well-rounded, healthful meals on the table. Now she's teamed up with *Cooking Light* in creating a one-of-a-kind cookbook that offers 150 delicious recipes, encouraging tips and techniques for simplifying meal preparation, and anecdotal success stories from online readers, noted chef superstars, and others. From her Skirt Steak with Chimichurri Sauce to Oven Roasted Broccoli with Parmesan and Pine Nuts, Amanda has created recipes that everyone in the family will eat. *Cooking Light Real Family Food* captures the spontaneity, intimacy, and fun of home cooking and will inspire families back to the kitchen table. It provides all the tools and instruction parents need to create tasty, wholesome meals that their entire family will enjoy—adults and kids alike! Features include: Functional icons and encouraging tips for quicker meals and less time in the kitchen; "15 Minute or Less" recipes for great results in a minimal amount of time; 13 chapters of amazing, healthy foods including "Amanda's Best Breakfasts," "Snack Time," and "Quickest Dinners in 30 Minutes or Less;" "Kids in the Kitchen" tips throughout the book show parents fun ways to include their children in preparing recipes they will love to cook—and eat, too.

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Daniel Gordon:

With this era which is the greater man or who has ability in doing something more are more special than other. Do you want to become one of it? It is just simple approach to have that. What you need to do is just

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