



The Everything Health Guide To Thyroid Disease: Professional Advice on Getting the Right Diagnosis, Managing Your Symptoms, And Feeling Great (Everything®)

Theodore C. Friedman, Winnie Yu

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The Everything Health Guide to Thyroid Disease, cowritten by acclaimed thyroid specialist, Theodore C. Friedman, is the authoritative handbook you need to help you live with this disease.

You'll learn about:

- How the thyroid functions and dysfunctions
- Who is at risk for thyroid disease
- Well-known thyroid disorders - hyper, hypo, and Grave's disease
- Far-reaching effects (weight loss and gain, anxiety, depression)
- Treatments and living with the disease

Complete with a glossary, additional resources, and even a section on thyroid disease in children, *The Everything Health Guide to Thyroid Disease* is the complete guide for everyday healthy living.

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