



Breaking the Silence: Group Therapy for Childhood Sexual Abuse, A Practitioner's Manual

Judith Margolin

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A program you can use for time limited clients suffering from sexual abuse! Breaking the Silence: Group Therapy for Childhood Sexual Abuse guides you through initial establishment and group formation to its termination. The step-by-step approach outlines themes and issues common to this population, raises pertinent questions, and highlights common pitfalls or problem areas in conducting therapy. You'll discover innovative ways to work with survivors of childhood sexual abuse by addressing these key therapy issues:

- issues of trust, sexuality, and disclosure
- family dynamics
- emotional expression
- transference/countertransference
- male survivors
- group sessions
- the impact of abuse
- a concise fifteen-session, time-limited, psycho-educational group therapy program for adult survivors of sexual abuse

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