



Calling All Women--From Competition to Connection: Advice and Inspiration for Women of All Ages

Sharon Wegscheider-Cruse

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When things are not going right and you are hurting or feeling overwhelmed, perhaps what you need is a heart-to-heart talk with someone to gain a new perspective and to shed a new light on your situation.

Sharon Wegscheider-Cruse has been having heart-to-heart talks with clients for more than thirty years. In *Calling All Women—From Competition to Connection*, she crystallizes her understanding and insights gleaned from countless sessions on women's biggest worries, struggles, triumphs, and insecurities. Her understanding and pragmatic advice will help you take charge of your life and learn to make important choices on your own terms. If you find yourself feeling more confused than connected, Wegscheider-Cruse gives you a road map to take the right next steps in a multitude of life's directions, including:

Curbing Money Worries · Thriving After Divorce or Losing Your Partner
Understanding Spirituality · Dealing with Toxic People · Nurturing Intimacy with
a Partner · Overcoming a Major Health Crisis Like Breast Cancer or Heart Attack
Coping with Day-to-Day Stress · Living Without Regrets . . . and So Much More!

Calling All Women is both a comforting and empowering lifeline for any woman in today's fast-paced world.

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