



My Journey to Guinness: Walking Diva Walking My Way Into the Guinness Book of World Records

Yolanda Holder

Download now

[Click here](#) if your download doesn't start automatically

My Journey to Guinness: Walking Diva Walking My Way Into the Guinness Book of World Records

Yolanda Holder

My Journey to Guinness: Walking Diva Walking My Way Into the Guinness Book of World Records Yolanda Holder

Yolanda Holder is the Guinness World Record holder of "Most Marathons Run in a Calendar Year". She power walked 106 marathons in 2010 and has more than 14 years of power walking marathons. Her goal is to empower, motivate and encourage people to get fit, be healthy, and raise awareness for health and fitness in adults. Yolanda lives in California and is married with two grown children. Never EVER underestimate the power of the walker. You know how many times The Walking Diva has smoked me in a marathon? And I'm a superhero! And the kicker is that she looks like a super model on the runway every time, even after 26.2 grueling miles. Yolanda Holder is truly a gem"! - Endorphin Dude- Yolanda is a true Champion, both as a runner and as a caring human being. As a runner, Yolanda displays raw courage and perservance and will finish a race, whether 5 miles or 100 miles, despite extreme fatigue and injury. However, when Yolanda sees someone struggling or in need of help or encouragement, Yolanda's focus moves from the race to finding a way to encourage and help the person struggling. Yolanda is a wonderful person, whom I can proud to call my friend. -Larry Macon, Three time Guinness World Record holder- "In 2010 Yolanda Holder set a world record. Inspired to give a greater voice to diabetes, Yolanda set out to complete 106 marathons in 52 weeks. Without any outside assistance or funding, she achieved all her goals and became known as the "Walking Diva". Yolanda is a friend to many and an inspiration to thousands. Her story is a remarkable journey of strength, conviction and sheer determination". -Joseph Taricani, Show Host The Marathon Show

 [Download My Journey to Guinness: Walking Diva Walking My Way Int ...pdf](#)

 [Read Online My Journey to Guinness: Walking Diva Walking My Way I ...pdf](#)

Download and Read Free Online My Journey to Guinness: Walking Diva Walking My Way Into the Guinness Book of World Records Yolanda Holder

Download and Read Free Online My Journey to Guinness: Walking Diva Walking My Way Into the Guinness Book of World Records Yolanda Holder

From reader reviews:

Matthew Waddell:

What do you concerning book? It is not important together with you? Or just adding material when you require something to explain what yours problem? How about your time? Or are you busy individual? If you don't have spare time to complete others business, it is give you a sense of feeling bored faster. And you have free time? What did you do? Everyone has many questions above. They need to answer that question simply because just their can do this. It said that about publication. Book is familiar on every person. Yes, it is correct. Because start from on jardín de infancia until university need this specific My Journey to Guinness: Walking Diva Walking My Way Into the Guinness Book of World Records to read.

Donnie Matthews:

Hey guys, do you desires to finds a new book to see? May be the book with the name My Journey to Guinness: Walking Diva Walking My Way Into the Guinness Book of World Records suitable to you? Often the book was written by renowned writer in this era. The particular book untitled My Journey to Guinness: Walking Diva Walking My Way Into the Guinness Book of World Records is one of several books in which everyone read now. This kind of book was inspired many men and women in the world. When you read this e-book you will enter the new shape that you ever know ahead of. The author explained their strategy in the simple way, therefore all of people can easily to understand the core of this guide. This book will give you a wide range of information about this world now. So you can see the represented of the world within this book.

Robert Williams:

Reading a book being new life style in this yr; every people loves to examine a book. When you go through a book you can get a great deal of benefit. When you read textbooks, you can improve your knowledge, simply because book has a lot of information upon it. The information that you will get depend on what types of book that you have read. If you would like get information about your research, you can read education books, but if you act like you want to entertain yourself look for a fiction books, such us novel, comics, and also soon. The My Journey to Guinness: Walking Diva Walking My Way Into the Guinness Book of World Records will give you new experience in studying a book.

Anthony Balentine:

Reading a guide make you to get more knowledge from that. You can take knowledge and information originating from a book. Book is published or printed or highlighted from each source that will filled update of news. In this particular modern era like right now, many ways to get information are available for you actually. From media social such as newspaper, magazines, science e-book, encyclopedia, reference book, novel and comic. You can add your knowledge by that book. Ready to spend your spare time to open your book? Or just seeking the My Journey to Guinness: Walking Diva Walking My Way Into the Guinness Book

of World Records when you essential it?

**Download and Read Online My Journey to Guinness: Walking Diva
Walking My Way Into the Guinness Book of World Records
Yolanda Holder #J3EYCXDQTOV**

Read My Journey to Guinness: Walking Diva Walking My Way Into the Guinness Book of World Records by Yolanda Holder for online ebook

My Journey to Guinness: Walking Diva Walking My Way Into the Guinness Book of World Records by Yolanda Holder Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read My Journey to Guinness: Walking Diva Walking My Way Into the Guinness Book of World Records by Yolanda Holder books to read online.

Online My Journey to Guinness: Walking Diva Walking My Way Into the Guinness Book of World Records by Yolanda Holder ebook PDF download

My Journey to Guinness: Walking Diva Walking My Way Into the Guinness Book of World Records by Yolanda Holder Doc

My Journey to Guinness: Walking Diva Walking My Way Into the Guinness Book of World Records by Yolanda Holder Mobipocket

My Journey to Guinness: Walking Diva Walking My Way Into the Guinness Book of World Records by Yolanda Holder EPub