



# Stay in Your Lane: Judge Karen's Guide to Living Your Best Life

*Karen Mills-Francis*

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## **Stay in Your Lane: Judge Karen's Guide to Living Your Best Life** Karen Mills-Francis

Welcome to Judge Karen's world, where life is as real as it gets. With the same compassion and razor-sharp wit she brings to the bench, the former Miami Dade County Court Judge and star of TV's syndicated show Judge Karen's Court delivers a book guaranteed to inspire, delight, and motivate.

Fans of Judge Karen know the phrase "Stay in Your Lane" is one of her favorite admonishments. She believes that within us all sits the moral compass to find our direction when we are lost. She has seen many broken people pass through her courtroom who operate from a place of fear and distrust. Here she offers sound advice on how to move past the hand we may have been dealt, dispel our feeling of victimization, and turn our lives around. Her no-nonsense talk will give you a push in the right direction—mentally, emotionally, physically, and spiritually.

Drawing from personal experience and her courtroom cases, Judge Karen relates to life, love, and the universal connection we all share—despite appearances to the contrary. Her stories are ripe with anecdotes that focus on everyday social issues such as being a good neighbor, cultivating positive relationships, knowing when to make a stand and when to walk away, as well as creating positive images to the world through dressing to express, etiquette, and making your home a personal sanctuary. With humor and sound wisdom, she covers five major life aspects:

- The Past: weave your way out of that traffic jam
- The Heart: stop, listen, and look both ways to avoid collisions
- Family and Friends: eliminate excess baggage (and you know who she's talking about!)
- You: make those necessary repairs
- The Future: see only clear skies ahead and embrace life's possibilities

As Judge Karen states, "I'm not the Wizard of Oz, but he and I certainly share one thing in common: We both know that we already have within us the power to find our direction when we're lost." And after going through the pages of this unique, uplifting book, you'll learn that, too. Because Judge Karen tells it like it is. And you'll be glad she did.

*From the Hardcover edition.*

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Information is provisions for anyone to get better life, information nowadays can get by anyone from everywhere. The information can be a knowledge or any news even a problem. What people must be consider while those information which is in the former life are challenging to be find than now's taking seriously which one is suitable to believe or which one typically the resource are convinced. If you get the unstable resource then you buy it as your main information it will have huge disadvantage for you. All of those possibilities will not happen throughout you if you take Stay in Your Lane: Judge Karen's Guide to Living Your Best Life as the daily resource information.

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#### **Christopher Hendrick:**

What is your hobby? Have you heard this question when you got scholars? We believe that that question was given by teacher with their students. Many kinds of hobby, All people has different hobby. And you also know that little person such as reading or as reading through become their hobby. You need to understand that reading is very important and book as to be the thing. Book is important thing to provide you knowledge, except your teacher or lecturer. You find good news or update with regards to something by book. Amount types of books that can you choose to use be your object. One of them are these claims Stay in

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