Cooking Light Annual Recipes 2014: Every Recipe...A Year's Worth of Cooking Light Magazine

Editors of Cooking Light Magazine

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Throughout the year, *Cooking Light* magazine produces some of the most unique and sought-after recipes derived from cutting edge food science, exotic world flavors, and the latest research on healthy eating. All those phenomenal recipes from 2013 can now be found in *Cooking Light Annual Recipes 2014*, with over 700 favorite light recipes and over 400 pages of the menus, tips and techniques to guarantee success in the kitchen. These tried and tested recipes cover a wealth of food categories (and even include pairing suggestions) so that you can create perfect, delicious meals for any event or night of the week. This book-readers' most anticipated volume during the year-delivers all the delectable (and healthy) recipes that cooks trust and expect from *Cooking Light*. This book includes:

Convenience in the Kitchen--As always, *Cooking Light* delivers all the additional information readers need to make the best foods and the most of their time in the kitchen, with helpful tips and easy-to-follow icons that making cooking for the family easy and enjoyable.

Includes every single recipe seen in the magazine for 2013, plus many more meals and menus to create numerous courses including appetizers, sides, memorable main dishes, and desserts.

Healthy and delicious recipes--over 700 in all-that each include a nutritional analysis so cooks can be assured that their meals are not only tasty and satisfying, but also incredibly nutritious!

Over 65 beautiful illustrations, plus a list of highest rated recipes and staff favorites, showcase the quality and appeal of these healthy, delightful meals.



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This Cooking Light Annual Recipes 2014: Every Recipe...A Year's Worth of Cooking Light Magazine is great guide for you because the content that is full of information for you who also always deal with world and still have to make decision every minute. This book reveal it details accurately using great plan word or we can declare no rambling sentences in it. So if you are read the item hurriedly you can have whole info in it. Doesn't mean it only gives you straight forward sentences but tough core information with attractive delivering sentences. Having Cooking Light Annual Recipes 2014: Every Recipe...A Year's Worth of Cooking Light Magazine in your hand like keeping the world in your arm, data in it is not ridiculous one particular. We can say that no e-book that offer you world throughout ten or fifteen small right but this reserve already do that. So , this is good reading book. Hey Mr. and Mrs. active do you still doubt in which?

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