



# Controversies in Shoulder Instability

*Christopher Dodson, David Dines, Joshua S. Dines, Gilles Walch, Gerald R. Williams*

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Shoulder instability can result from a variety of causes—including bone loss, lesions, and trauma, particularly repetitive motion injuries associated with sports. This practical resource addresses the full scope of shoulder injury diagnosis and management—from anatomy and natural history, to injury classification and both surgical and nonsurgical management options.

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