



How to Make Your Long-Distance Relationship Work and Flourish: A Couple's Guide to Being Apart and Staying Happy

Tamsen Butler

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Relationships are tough, and putting ZIP codes, states, or even oceans between two people does not make things any easier. Although there's no denying that some long-distance relationships do not work, that doesn't mean you can't make your relationship successful and fulfilling. As long as you're willing to try, your relationship can survive and thrive.

This book will help give your relationship the chance it deserves. You will learn how to establish the terms of your relationship, including how to know if you are ready to make this commitment, when to schedule phone calls, and when and how often you should visit. You will discover the essential relationship-building skills you need, such as keeping open communication, establishing realistic expectations, and balancing emotional and physical intimacy, so you can have a happy, healthy relationship. You will learn the best ways to share travel costs and what to do when visiting in order to make the most out of your limited time together.

Long-distance relationships cannot be compared to other relationships, and this book gives couples who are living apart dozens of tips to keep that special spark alive. There is more to long-distance relationships than talking on the phone, and this book provides you with dozens of creative things to do together while living apart. You will also learn how to keep and build trust in each other, how to handle not knowing some of your partner's friends, and what to do when jealousy strikes.

This book will show you how to make it easier when fights happen by communicating better with your partner, learning how to pick your battles, and how to kiss and make up — even when you are not in the same room. In order to give you a real look into long-distance relationships, we have included anecdotes and advice from couples who have made it work over the weeks, months, and even years — as well as tips and tricks from relationship therapists.

Whether you have started your relationship living apart or had to put distance between you, *How to Make Your Long-Distance Relationship Work and Flourish* is your key to making your long-distance relationship a close relationship after all.

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