



Extending EMDR: A Casebook of Innovative Applications

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Picking up where eye movement desensitization and reprocessing (EMDR) training leaves off, this book shows how EMDR can be used by therapists with different orientations, such as psychodynamic, Jungian and cognitive. Their patients have various diagnoses, including major depression, attachment disorder, post-traumatic stress disorder and various personality disorders; all are helped by the incorporation of EMDR into their treatment, as demonstrated by the case studies.

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