La Dieta Cuántica (Spanish Edition)

Antonio Carlos Mongiardim Gomes Saraiva

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Este libro explora un modelo distinto a las dietas convencionales.

Lo dedico a todas aquellas personas que se han sometido a dietas pero que no han conseguido los resultados deseados. Intento descubrir un nuevo modelo que se programa por medio de un método sencillo (7 pasos esenciales) y que se basa en la mecánica cuántica y la mente consciente.

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