



The New Parkinson's Disease Treatment Book: Partnering with Your Doctor To Get the Most from Your Medications

J. Eric Ahlskog PhD MD

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The fundamental guide to the most effective treatments for Parkinson's Disease, from a Mayo Clinic doctor with thirty years of clinical and research experience.

In this second edition follow-up to the extremely successful first edition, Dr. Ahlskog draws on thirty years of clinical experience to present the definitive guide to dealing with all aspects of Parkinson's Disease, from treatment options and side effects to the impact of the disease on caregivers and family. Dr. Ahlskog's goal is to educate patients so that they can better team up with their doctors to do battle with the disease, streamlining the decision-making process and enhancing their treatment. To do this, Dr. Ahlskog offers a gold mine of information, distilled from his years of experience treating people with Parkinson's at the Mayo Clinic. In addition to providing a comprehensive account of Parkinson's medications, this book also examines additional aspects of treatment, such as the role of nutrition, exercise, and physical therapy.

Although many commendable texts have been written on the subject of Parkinson's Disease, their discussions of treatment have not been in depth. Dr. Ahlskog sifts through aspects of the disease in order to give the reader a comprehensive sense of Parkinson's and the best available treatment options. With a broader understanding of the disease and the available options, patients are able to make more informed choices, and doctors are able to provide more tailored care. This book delivers hopeful, helpful, and extensive information to all parties concerned: patients, caregivers, and doctors.

The ultimate guide to symptoms and treatment, this thoroughly updated second edition is the first place patients should turn for reliable, easy-to-grasp information on Parkinson's Disease.

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Hazel Mishler:

A lot of people always spent their very own free time to vacation as well as go to the outside with them friends and family or their friend. Do you know? Many a lot of people spent that they free time just watching TV, or maybe playing video games all day long. If you need to try to find a new activity that is look different you can read the book. It is really fun for you personally. If you enjoy the book that you read you can spent 24 hours a day to reading a publication. The book The New Parkinson's Disease Treatment Book: Partnering with Your Doctor To Get the Most from Your Medications it is rather good to read. There are a lot of people that recommended this book. We were holding enjoying reading this book. When you did not have enough space to develop this book you can buy the particular e-book. You can m0ore very easily to read this book out of your smart phone. The price is not too expensive but this book has high quality.

Marcy Madison:

Why? Because this The New Parkinson's Disease Treatment Book: Partnering with Your Doctor To Get the Most from Your Medications is an unordinary book that the inside of the publication waiting for you to snap the item but latter it will shock you with the secret it inside. Reading this book next to it was fantastic author who all write the book in such amazing way makes the content inside easier to understand, entertaining means but still convey the meaning entirely. So , it is good for you because of not hesitating having this nowadays or you going to regret it. This book will give you a lot of positive aspects than the other book have got such as help improving your ability and your critical thinking way. So , still want to hold off having that book? If I ended up you I will go to the book store hurriedly.

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Dawn Nelson:

This The New Parkinson's Disease Treatment Book: Partnering with Your Doctor To Get the Most from Your Medications is new way for you who has fascination to look for some information as it relief your hunger of information. Getting deeper you on it getting knowledge more you know otherwise you who still having little bit of digest in reading this The New Parkinson's Disease Treatment Book: Partnering with Your

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