



Zen Light: Unconventional Commentaries on the Denkoroku (Tuttle Library of Enlightenment)

Stefano Mui Barragato

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The Denkoroku, or "Record of Transmitting the Light," contains the enlightenment stories of the earliest Zen ancestors. In Zen Ught, the author comments on this Buddhist classic, which he studied as part of his own advanced Zen training.

Sensei Barragato brings the varied experiences of his life and his studies in Catholicism and Quaker practice to the teachings of Zen Buddhism, making these commentaries at once off-beat, refreshing, and revealing. He touches on the major issues that affect our lives, making this book of interest to both the beginning as well as the advanced student of Zen.



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